## **Bomshel Stomp**

Choreographer: Jamie Marshall & Karen Hedges

Description: 48 count, 2 wall, beginner/intermediate line dance

Music: **Bomshel Stomp** by Bomshel 120 bpm

Beats / Step Description

#### HEEL PUMPS, 1/4 TURN SAILOR, ROCK, RECOVER, COASTER STEP

- 1&2 Extend right heel diagonally forward, hitch right, extend right heel diagonally forward 3&4 Cross right behind left, turn ½ left, stepping forward on left, step right next to left
- 5-6 Rock left forward, recover onto right
- 7&8 Step left back, step right next to left, step right forward (9:00)

## WIZARD" STEPS (STEP RIGHT DIAGONALLY FORWARD RIGHT, LOCK LEFT BEHIND RIGHT, STEP RIGHT TO RIGHT, REPEAT TO LEFT)

- 9-10& Step right diagonally forward right, lock left behind right, step right to right
- 11-12& Step left diagonally forward left, lock right behind left, step left to left
- 13-14& Step right diagonally forward right, lock left behind right, step right to right
- 15.16 Step left forward, touch right next to left (9:00)

# STEP RIGHT BACK, SCOOT WITH LEFT HITCH, REPEAT WITH LEFT, COASTER STEP, SQUAT, ¼ TURN TO RIGHT, PELVIS THRUST WHILE PALM TURNED OUTWARD PRESSES DOWN (OR BODY ROLL AFTER 1ST WALL)

Listen to the words "Honk your horn!"

- 17& Step back on right, scoot right slightly back while hitching left
- 18& Step back on left, scoot left slightly back while hitching right
- 19&20 Step right back, step left next to right, step right forward
- 21-22 Wide squat step left to left, as look to right, turn ¼ right as stand up and step right next to left (1st wall: honk your horn)
- With right palm turned outward, press down and thrust pelvis forward
- & With right palm turned outward, raise toward chest and thrust pelvis back
- With right palm turned outward, press down and thrust pelvis forward (ending with weight on left) (12:00)

#### **WIZARD STEPS (SEE COUNTS 9-16)**

- 25-32 "Bompshell" stomp: stomp right back, hold, stomp left back, hold, roll to the left, step, step
- 33-34 Stomp right to right, hold
- 35-36 Stomp left to left, hold
- 37-38 Roll hips to the left, ending with weight on left as touch right next to left
- 39&40 Small steps forward, right, left, right (12:00)

## STEP LEFT, PIVOT ½ RIGHT, KEEPING WEIGHT ON LEFT, HIP BUMPS, STEP RIGHT FORWARD, ½ TURN RIGHT, ½ TURN RIGHT

41-42 Step left forward, pivot ½ right, keeping weight on left (6:00)

&43&44Bump hips to right, bump hips to left, bump hips to right, bump hips to left

Styling: hold up right hand with index finger pointed up, wave hand right to left

45-46 Step right forward, pivot ½ right, stepping back on left

47-48 Pivot ½ right, stepping forward on right, step left next to right (6:00)

#### TAG.

Repeat steps 33-48 after dancing 2 complete walls after wall 6. Dancers scramble around for 12 counts during siren, ending up facing back wall. Hold 4 counts to get ready to start dance again FNDING

Repeat steps 33-48 after wall 8 to end dance

### Smile and Begin Again